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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday**  | **Friday**  |
| **Breakfast** | Selection of cereals or wholemeal toastBrioche**Wheat,milk,egg** | Selection of cereals or wholemeal toastPancake**Wheat,milk,egg** | Selection of cereals or wholemeal toastCroissant**Wheat,milk** | Selection of cereals or wholemeal toastBagel**Wheat, soya**  | Selection of cereals, or wholemeal toastScrambled egg**Wheat, egg**  |
| **Mid-morning snack** | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| **Lunch** | **Lamb Kofta with noodles and mixed veg****Gluten, egg****Fruity flapjack** | **Cottage Pie with Broccoli****Summer Fruit salad** | **Fruity chicken curry with rice, peas and Naan bread****Gluten** **Fruit Jelly**  | **Tomato and Veg pasta bake with garlic bread****Gluten** **Fruit yoghurt****Milk** | **Fish pie with Carrots** **Fish** **Mousse** **Milk**  |
| **Vegetarian****Lunch** | Quorn mince | Quorn mince | Quorn pieces | As above | As above |
| **Mid afternoon snack** | Fresh fruit and Breadsticks**Wheat, barley**  | Fresh fruit and Scones**Wheat, egg, milk**  | Fresh fruit and Fruit loaf**Wheat, soya**  | Fresh fruit and Oat Cakes | Fresh fruit andBagel**Wheat, soya**  |
| **Tea** | **Sausage rolls with spaghetti hoops****Wheat** **Fruit cocktail with wafer and cream****Milk**  | **DIY sandwiches with selection of fillings and cucumber sticks****Wheat , milk** **Greek style yoghurt****Milk**  | **Jacket potato with cheese, beans or tuna.****Veggie sticks****Fish, milk** **Melon Boats** | **Muffin pizzas with veggie sticks****Wheat ,soya****Rice pudding with fresh fruit****Milk**  | **Cocktail sausages with Crumpets and cheese and veggie sticks****Wheat, milk** **Natural yoghurt and fresh fruit****Milk**  |
| **Vegetarian** **Tea** | Vegetarian sausages | As above | As above | As above | Quorn sausages |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies** – all allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – all meat is sourced locally from burtons butchers.

**Tiny ones/weaning** – we can puree our meals for the youngest and also adapt for the young ones by making vegetable purees etc.

All puddings will be made with reduced sugar or are sugar free.